



Armenian American Medical Society

1st Annual Central California Mentorship and CME/CDE Symposium on Various Medical & Dental Updates

March 9, 2024

Holy Trinity Armenian Apostolic Church
Fresno, California

4 CME or 2 CDE

AAMS
P.O. Box 32
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CME Planning Committee & Moderators (In alphabetical order)

****Vicken Sepilian, MD, FACOG**
CME Planning Committee, Chair

****Arsinee Kalfayan, PharmD**
CME Quality Improvement Chair

****Garni Barkhoudarian, MD, FAANS**
CME Planning Committee | President, AAMS

***Hasmik Keyribarian**
CME Planning Committee

***Armond Kotikian, DDS, MD, FACS**
CME Planning Committee

***Arthur Ohannessian, MD**
CME Planning Committee

***Sherwin Hariri, MD, FAAAAI, FACAAI**
CME Planning Committee

***Talar Tejirian, MD, FACS**
CME Planning Committee

***Astkhik Zakian, PharmD**
CME Planning Committee

***The above listed individuals have no relevant financial relationship(s) with ineligible companies to disclose**

****Garni Barkhoudarian, MD, FAANS is a consultant for Ceravasc Inc.**

****Arsinee Kalfayan, PharmD owns Moderna stocks**

****Vicken Sepilian, MD, FACOG is a shareholder of Merck Pharmaceuticals and Organon Pharmaceuticals**

****None of the planners for this educational activity have relevant financial relationship(s) to disclose with commercial interest.***

*****All the relevant financial relationships listed for these individuals have been mitigated.***

AGENDA

1:00 PM Opening Remarks * Sarmen Sarkissian, MD

1:05 PM A Pre-Med Discussion

Panelists:

* **Adrina C. Gulian, DDS**

* **Michael R. Gulian, MD**

* **Alex Jawharjian, PharmD, MPH, MBA, FACHE**

* **Sarmen Sarkissian, MD**

2:55 PM Welcoming Remarks * Berj Apkarian, Honorary Consul Republic of Armenia in Fresno

3:00 – 3:25 PM Disaster Medicine: How Do You Provide Care in a Disaster or Multi Casualty Incident (*CME*)

* **Hagop Afarian, MD**

3:30 – 3:55 PM Testing and Treatment of Commonly Encountered Gastrointestinal Disorders (*CME*)

* **John D. Abdulian, MD**

3:55 – 4:05 PM Networking Break

4:05 – 4:30 PM Atrial Fibrillation Advances in Management (*CME*)

* **Nareg Kalamkarian, MD**

4:35 – 5:00 PM Medical Missions: For What Purpose and Whose Glory? (*CME*)

* **Jacob (Jay) Khushigian, BSEL, MD**

5:10 – 5:35 PM Oral Cancer, the Silen Killer (*CDE*)

* **Adrina C. Gulian, DDS**

5:35 – 6:00 PM Updates in the Management of Oral Cancers (*CME/CDE*)

* **Adrina C. Gulian, DDS**

* **Alex Jawharjian, PharmD, MPH, MBA, FACHE**

* **Sarmen Sarkissian, MD**

6:00 PM Question and Answer Session
Moderated by Sarmen Sarkissian, MD

Participant and Spouse/Partner Disclosure Statements / Conflict of Interest Policy

Program participants are required to disclose commercial and financial relationships with manufacturers of pharmaceuticals, laboratory supplies, and medical devices and with commercial providers of medically related services. Unless otherwise noted below, the participants have nothing to disclose.

*John D. Abdulian, MD

*Hagop Afarian, MD

*Adrina C. Gulian, DDS

*Nareg Kalamkarian, MD

*Jacob (Jay) Khushigian, BSEL, MD

*Alex Jawharjian, PharmD, MPH, MBA, FACHE

**Sarmen Sarkissian, MD

**Sarmen Sarkissian, MD is on the speakers bureau of Lilly

**The above listed individuals disclose no relevant financial relationships with commercial interests.*

***All of the relevant financial relationships listed for these individuals have been resolved.*

2024 Conflict of Interest Policy for Invited Speakers

As a provider of continuing medical education (CME) accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Armenian American Medical Society must ensure balance, independence, objectivity and scientific rigor in all its educational activities. All presenters must disclose to the learners any commercial or financial interest and/or other relationships with manufacturers of pharmaceuticals, laboratory supplies and/or medical devices. All relationships, whether or not they directly relate to this CME activity, must be disclosed. All non-FDA approved uses of products must be clearly identified. Disclosures may be made in the form of slide, printed material or an oral statement.

The intent of this disclosure is not to prevent a speaker with a commercial or financial interest from making a presentation. The intent rather is to assist the Armenian American Medical Society (AAMS) in resolving conflicts of interest and to provide learners with information on which they can make their own judgments regarding any bias. Although AAMS reviews and resolves potential conflicts of interest, it remains for the audience to determine whether the speaker's interest or relationships may influence the presentation with regard to exposition or conclusion.

Speakers should also reveal to the learners any "off label" uses (not approved by the FDA) of any drugs or products discussed.

The Accreditation Council for Continuing Medical Education (ACCME)

The Armenian American Medical Society is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Accreditation Statement

- The Armenian American Medical Society is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.
- The Armenian American Medical Society designates this live activity for maximum of (4) hours *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- This credit may also be applied to the CMA Certification in Continuing Medical Education.
- The Armenian American Medical Society is accredited by the Dental Board of California provider #5112 to provide continuing dental education. The Armenian American Medical Society designates this live activity for maximum of (2) hours of Continuing Dental Education.

Continuing medical education is a lifelong learning modality enabling physicians to remain current with medical advances. The goal of AAMS is to design educational activities that provide learners with the tools needed to practice the best medicine and provide the most current care to patients.

As an accredited CME provider, AAMS adheres to the Essentials and Policies of the Accreditation Council for Continuing Medical Education (ACCME). CME activities now must first, address specific, documented, clinically important gaps in physician knowledge, competence or performance, second, be documented to be effective at increasing physician knowledge, skill or performance, and third, conform to the ACCME Standards for Commercial Support.

AAMS must not only obtain complete disclosure of commercial and financial relationships pertaining to medicine but also resolve any perceived conflicts of interest. All speakers and the organizers in the Scientific Program have completed disclosures of commercial and financial relationships with manufacturers of pharmaceuticals, laboratory supplies and medical devices and with commercial providers of medically-related services. The disclosures were reviewed by the CME Committee for Standards of Commercial Support of the AAMS CME Committee, which resolved perceived potential conflicts of interest.

ADA Statement

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Disclaimer Statement

The content and views presented in this educational activity are those of the speaker/authors and do not necessarily reflect those of the AAMS. This material is prepared based upon a review of multiple sources of information, but it is not exhaustive of the subject matter. Therefore, healthcare professionals and other individuals should review and consider other publications and materials on the subject matter before relying solely upon the information contained within this educational activity to make clinical decisions about individual patients.

All authors, editors, reviewers, contributors, publishers, and licensors of the clinical information are not responsible for the completeness or accuracy of the clinical information for any errors, omissions, or the application of the clinical information, or for any consequences arising therefrom.

EDUCATIONAL NEEDS & OBJECTIVES

EDUCATIONAL NEEDS

AAMS CME Planning Committee designed this symposium in response to member and community needs. These needs were identified from sources which include: member recognition of needs; observation of others; local hospital and national quality data (i.e., incident reports, medication utilization, patient satisfaction, legislative data, administrative data and core measures); review of literature including comments from newspapers, peer reviewed, evidence based scientific publications; national, state and local best practice guidelines; and research studies of accreditation bodies.

This program has been planned for all healthcare professionals. At the conclusion of this session, the participants should be able to:

Disaster Medicine: How Do You Provide Care in a Disaster or Multi Casualty Incident (CME)

- Demonstrate how to take control of the scene.
- Triage patients rapidly to ensure care is delivered in the most appropriate order.
- How to diagnose, treat and transport.

Testing and Treatment of Commonly Encountered Gastrointestinal Disorders (CME)

- Integrate best practice approaches for common GI conditions and identify conditions or complaints that need to be evaluated by a specialist.

Atrial Fibrillation Advances in Management (CME)

- Identify the clinical presentation, pathophysiology, and stages of Atrial Fibrillation.
- Identify established management strategies including medical therapy for rate and rhythm control.
- Define the role of Direct Oral Anticoagulants in current practice.
- Define the role of Left Atrial Appendage Occlusion Devices in current practice.
- Reflect on the evolution of ablation therapy for Atrial Fibrillation

Medical Missions: For What Purpose and Whose Glory? (CME)

- Choose to sacrificially respond.
- Choose to seek mission opportunities.
- Attain wisdom and the discipline required as part of living a prudent professional life.

Oral Cancer, the Silent Killer (CME/CDE)

- Identify the difference between leukoplakia and erythroplakia.
- List the risk factors for oral cancer.
- Identify the areas in which oral cancer may commonly be found when it is present.
- Identify how to properly perform a thorough oral cancer screening.

Updates in the Management of Oral Cancers (CME/CDE)

- Recognize which patients are at risk of oral cancer.
- Identify how to detect oral cancers.
- Recognize the specialists involved in the care of these patients.
- Know the long-term remission rates as well as drops in QOL after treatment.

ACKNOWLEDGMENTS - SPEAKERS

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Thank you for your Dedication and Contribution to the Advancement of the
Health and Well Being of the Community.