



Armenian American Medical Society

**19th Annual Hybrid CME & CDE
Viva Las Vegas Getaway Weekend
Conference on Various Medical & Dental Updates**

November 11, 2023

Wynn Las Vegas - Palmer Ballroom

16 CME or 6.5 CDE

**AAMS
P.O. Box 32
Glendale, CA 91209
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CME Planning Committee & Moderators (In alphabetical order)

****Vicken Sepilian, MD, FACOG**
CME Planning Committee, Chair

****Arsinee Kalfayan, PharmD**
CME Quality Improvement Chair

****Garni Barkhoudarian, MD, FAANS**
CME Planning Committee | President, AAMS

***Hasmik Keyribarian**
CME Planning Committee

***Armond Kotikian, DDS, MD, FACS**
CME Planning Committee

***Arthur Ohannessian, MD**
CME Planning Committee

***Sherwin Hariri, MD, FAAAAI, FACAAI**
CME Planning Committee

***Talar Tejirian, MD, FACS**
CME Planning Committee

***Astkhik Zakian, PharmD**
CME Planning Committee

***The above listed individuals have no relevant financial relationship(s) with ineligible companies to disclose**

****Garni Barkhoudarian, MD, FAANS is a consultant for Ceravasc Inc.**

****Arsinee Kalfayan, PharmD owns Moderna stocks**

****Vicken Sepilian, MD, FACOG is a shareholder of Merck Pharmaceuticals and Organon Pharmaceuticals**

****None of the planners for this educational activity have relevant financial relationship(s) to disclose with commercial interest.***

*****All the relevant financial relationships listed for these individuals have been mitigated.***

AGENDA

9:15 AM Continental Breakfast – Petrus Ballroom

10:00 – 10:05 AM Introduction

***Garni Barkhoudarian, MD, FAANS**

10:05 – 10:20 AM Tuberculosis in the Armenian Community in Los Angeles County:
Opportunities for Improving Outcomes and Reducing Transmission (CME/CDE)

***David Fuller, MD**

10:25 - 11:10 AM Better Bones: Keys to Prevention, Diagnosis, & Treatment of Osteoporosis
(CME/CDE)

***John P. Bilezikian, MD, PhD (hon)**

11:15 – 12:10 PM Inhibiting IL4 and IL13 Signaling Across Asthma, CRSwNP, and EOE
(NON-CME)

***Raffi Tachdjian, MD, MPH, FAAAAI**

12:10 – 12:30 PM Question and Answer Session

Moderated by **Sherwin R. Hariri, MD, FAAAAI, FACAAI**

12:30 PM Networking Lunch – Petrus Ballroom

1:45 – 1:55 PM Technology Meets Compassion – Get to Know GIP (NON CME)

***Glenoaks Imaging Professionals**

1:58 – 2:08 PM Updates in the Economic Landscape and How to Take Advantage of Them
(NON CME)

***Martin Petoyan**

2:10 – 2:13 PM Healthcare Real Estate Development, Renovation and Medical Equipment
Upgrades by Maestro Medical (NON CME)

***Nareg Mouradian, CCM, LEED AP**

2:15 – 2:18 PM – Lexicon Pharmaceuticals: Overview of Inpefa (Sotagliflozin)

***Dana Sim**

2:20 – 2:35 PM Latest Updates in Treatment of Heart Failure (CME)

***Harry Balian, MD, FACC, FSCAI**

2:40 – 2:55 PM Updates on Atopic Dermatitis (Eczema) (CME)

***Sherwin R. Hariri, MD, FAAAAI, FACAAI**

3:00 – 3:15 PM What’s New in Rheumatology (CME)

***Lilit Pilossyan, MD**

3:20 – 3:35 PM Obesity: Medical and Surgical Treatment Options and Outcomes (CME)

***Ara Keshishian, MD, FACS, FASMBS**

3:40 – 3:55 PM Step Into My Shoes: Validating the Person with Alzheimer’s (CME)

***Jane Mahakian, PhD**

4:00 – 4:15 PM Guardians of Wellness: Strengthening Mental Health Services for Healthcare Providers (CME/CDE)

***Anita Avedian, LMFT**

4:15 PM Networking Break – Petrus Ballroom

4:30 – 4:45 PM Updates in Cancer Screening for Primary Care Physicians (CME/CDE)

***Sarmen Sarkissian, MD**

4:50 – 5:05 PM Updates on Headache Management (CME/CDE)

***Lilit Mnatsakanyan, MD**

5:10 – 6:00 PM New DEA Licensing Requirement: Treatment and Management of Patients with Opioid or Other Substance Use Disorders (CME/CDE)

Panel Discussion

***Arthur Ohannessian, MD**

***Julio Meza, MD**

***Garo Harmandayan, MD**

6:00 PM Question and Answer Session

Moderated by **Arthur Ohannessian, MD**

6:30 PM AAM President’s Update

***Garni Barkhoudarian, MD, FAANS**

Medical Jeopardy: Have fun while testing your knowledge against fellow members.

Participant and Spouse/Partner Disclosure Statements / Conflict of Interest Policy

Program participants are required to disclose commercial and financial relationships with manufacturers of pharmaceuticals, laboratory supplies, and medical devices and with commercial providers of medically related services. Unless otherwise noted below, the participants have nothing to disclose.

- **Anita Avedian, LMFT
- *Harry Balian, MD, FACC, FSCAI
- **John P. Bilezikian, MD, PhD
- *David Fuller, MD
- *Sherwin R. Hariri, MD, FAAAAI, FACAAI
- *Garo Harmandayan, MD
- *Ara Keshishian, MD, FACS, FASMBS
- *Jane Mahakian, PhD
- *Julio Meza, MD
- *Lilit Mnatsakanyan, MD
- *Arthur Ohannessian, MD
- *Lilit Pilossyan, MD
- **Sarmen Sarkissian, MD

**Anita Avedian, LMFT is the CEO of Avedian Marriage and Family Therapy Corporation and Anger Management Essentials.

**Dr Bilezikian reports that he has received speaker honoraria from Amgen Inc., Eli Lilly and Company, and Novartis AG and consultant honoraria from Amgen Inc., Eli Lilly and Company, Merck & Co., Inc., Takeda Pharmaceutical USA and Warner Chilcott.

**Sarmen Sarkissian, MD is on the speakers bureau of Lilly

****The above listed individuals disclose no relevant financial relationships with commercial interests.***

*****All of the relevant financial relationships listed for these individuals have been resolved.***

2023 Conflict of Interest Policy for Invited Speakers

As a provider of continuing medical education (CME) accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Armenian American Medical Society must ensure balance, independence, objectivity and scientific rigor in all its educational activities. All presenters must disclose to the learners any commercial or financial interest and/or other relationships with manufacturers of pharmaceuticals, laboratory supplies and/or medical devices. All relationships, whether or not they directly relate to this CME activity, must be disclosed. All non-FDA approved uses of products must be clearly identified. Disclosures may be made in the form of slide, printed material or an oral statement.

The intent of this disclosure is not to prevent a speaker with a commercial or financial interest from making a presentation. The intent rather is to assist the Armenian American Medical Society (AAMS) in resolving conflicts of interest and to provide learners with information on which they can make their own judgments regarding any bias. Although AAMS reviews and resolves potential conflicts of interest, it remains for the audience to determine whether the speaker's interest or relationships may influence the presentation with regard to exposition or conclusion.

Speakers should also reveal to the learners any "off label" uses (not approved by the FDA) of any drugs or products discussed.

The Accreditation Council for Continuing Medical Education (ACCME)

The Armenian American Medical Society is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Accreditation Statement

- The Armenian American Medical Society is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.
- The Armenian American Medical Society designates this live activity for maximum of (16) hours *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- This credit may also be applied to the CMA Certification in Continuing Medical Education.
- The Armenian American Medical Society is accredited by the Dental Board of California provider #5112 to provide continuing dental education. The Armenian American Medical Society designates this live activity for maximum of (6.5) hours of Continuing Dental Education.

Continuing medical education is a lifelong learning modality enabling physicians to remain current with medical advances. The goal of AAMS is to design educational activities that provide learners with the tools needed to practice the best medicine and provide the most current care to patients.

As an accredited CME provider, AAMS adheres to the Essentials and Policies of the Accreditation Council for Continuing Medical Education (ACCME). CME activities now must first, address specific, documented, clinically important gaps in physician knowledge, competence or performance, second, be documented to be effective at increasing physician knowledge, skill or performance, and third, conform to the ACCME Standards for Commercial Support.

AAMS must not only obtain complete disclosure of commercial and financial relationships pertaining to medicine but also resolve any perceived conflicts of interest. All speakers and the organizers in the Scientific Program have completed disclosures of commercial and financial relationships with manufacturers of pharmaceuticals, laboratory supplies and medical devices and with commercial providers of medically-related services. The disclosures were reviewed by the CME Committee for Standards of Commercial Support of the AAMS CME Committee, which resolved perceived potential conflicts of interest.

ADA Statement

The Armenian American Medical Society fully complies with the legal requirements of the ADA and the rules and regulations thereof. Accommodations for Disabilities: please notify the AAMS if a reasonable accommodation of a disability is needed.

Disclaimer Statement

The content and views presented in this educational activity are those of the speaker/authors and do not necessarily reflect those of the AAMS. This material is prepared based upon a review of multiple sources of information, but it is not exhaustive of the subject matter. Therefore, healthcare professionals and other individuals should review and consider other publications and materials on the subject matter before relying solely upon the information contained within this educational activity to make clinical decisions about individual patients.

All authors, editors, reviewers, contributors, publishers, and licensors of the clinical information are not responsible for the completeness or accuracy of the clinical information for any errors, omissions, or the application of the clinical information, or for any consequences arising therefrom.

EDUCATIONAL NEEDS & OBJECTIVES

EDUCATIONAL NEEDS

AAMS CME Planning Committee designed this conference in response to member and community needs. These needs were identified from sources which include: member recognition of needs; observation of others; local hospital and national quality data (i.e., incident reports, medication utilization, patient satisfaction, legislative data, administrative data and core measures); review of literature including comments from newspapers, peer reviewed, evidence based scientific publications; national, state and local best practice guidelines; and research studies of accreditation bodies.

WHO SHOULD ATTEND

This program has been planned for:

Physicians, Dentists, Pharmacists, Nurses, Physician Assistants, and all other allied healthcare professionals.

After the conclusion of the educational activities, participants should be able to:

Tuberculosis in the Armenian Community in Los Angeles County: Opportunities for Improving Outcomes and Reducing Transmission (*CME/CDE*)

Presented by: David Fuller, MD

- Identify risk factors for TB infection and indications for TB screening.
- Evaluate patients with a positive TB test and determine next steps to assess TB disease.
- Discuss ways of treating patients with latent TB infection using short-course rifamycin-based regimens.
- Define multi-drug resistant tuberculosis and summarize short-course bedaquiline-based treatment regimens.

Better Bones: Keys to Prevention, Diagnosis, & Treatment of Osteoporosis (*CME/CDE*)

Presented by: John P. Bilezikian, MD, PhD (hon)

- Illustrate the international scope of osteoporosis: its societal and financial burden.
- Demonstrate ways to diagnose osteoporosis and describe contributing risk factors.
- Discuss the importance of nutrition and other preventative approaches to osteoporosis.
- List current pharmacological approaches to osteoporosis and evaluate their efficacy and safety.

Latest Updates in Treatment of Heart Failure (*CME*)

Presented by: Harry Balian, MD, FACC, FSCAI

- Define heart failure: systolic and diastolic.
- Outline the anatomy of the cardiac myocyte.
- Differentiate the various classifications of heart failure.
- List the different treatment options for heart failure.
- Discuss lifestyle modification alternatives.

Updates on Atopic Dermatitis (Eczema) (*CME*)

Sherwin R. Hariri, MD, FAAAAI, FAAAAI

- Describe treatment options for different severities of eczema with biologics.
- Evaluate methods of treating food allergy and eczema.
- Illustrate the various types of eczema.
- Identify the risk factors of eczema.

What's New in Rheumatology (CME)

Presented by: Lilit Pilossyan, MD

- Review the 2020 guidelines for acute gout management and maintenance therapy.
- Evaluate the new FDA-approved drug for the treatment of polymyalgia rheumatica (PMR),
- Distinguish the differences between treatment modalities in treating inflammatory arthritis with immune checkpoint inhibitors.

Obesity: Medical and Surgical Treatment Options and Outcomes (CME)

Presented by: Ara Keshishian, MD, FACS, FASMBS

- Compare and contrast the function of different classes of medications.
- Identify the different surgical options for obesity.
- Compare, evaluate, and identify the differences between surgical devices and procedures and their outcomes.
- Convey scientific information to patients. Assess the potential risks and benefits of medical interventions to help patients make informed decisions that will lead to the best long-term outcomes for their health.

Step Into My Shoes: Validating the Person with Alzheimer's (CME)

Presented by Jane Mahakian, PhD

- Identify best communication techniques that validate the person with Alzheimer's and other dementias as a result of this training.
- Describe validation theory as well as best communication techniques to improve communication with the person with dementia and their family caregivers.
- Explain the importance of making the person with dementia feel as though they are right (as long as the person stays safe).

Guardians of Wellness: Strengthening Mental Health Services for Healthcare Providers (CME/CDE)

Presented by: Anita Avedian, LMFT

- Examine the utilization and reluctance to use mental health services among healthcare professionals.
- Raise awareness among healthcare providers about the importance of mental health services.
- Reduce stigma as it relates to seeking mental health support.
- Review assessment methods for anxiety, depression, domestic violence, substance abuse, and anger.
- Implement self-care strategies to manage mental health and wellbeing.

Updates in Cancer Screening for Primary Care Physicians (CME/CDE)

Presented by: Sarmen Sarkissian, MD

- Recognize which cancers have society guidelines for approved screening.
- Identify the accepted modalities for the approved cancer screens.
- Describe the risk-stratification process for patients in the context of different cancer screening procedures.

Updates on Headache Management (CME/CDE)

Presented by: Lilit Mnatsakanyan, MD

- Identify the differences between primary and secondary headache types.
- Review the most recent diagnostic guidelines for common primary headaches.
- Discuss the up-to-date management options for treating headaches.

New DEA licensing requirement: Treatment and management of patients with opioid or other substance use disorders (CME/CDE)

Panel Discussion by: Arthur Ohannessian, MD, Julio Meza, MD, and Garo Harmandayan, MD

- Describe and explain how to satisfy the new training requirement for all Drug Enforcement Administration (DEA)-registered practitioners.
- Identify safe opioid prescribing tools and non-opioid treatments for chronic pain.
- Demonstrate and define new evidence-based treatments for opioid addiction or other substance use disorders.

ACKNOWLEDGMENTS - SPEAKERS

Anita Avedian, LMFT

Harry Balian, MD, FACC, FSCAI

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David Fuller, MD

Sherwin R. Hariri, MD, FAAAAI, FACAAI

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Arthur Ohannessian, MD

Lilit Pilossyan, MD

Sarmen Sarkissian, MD

Raffi Tachdjian, MD, MPH, FAAAAI

Thank you for your Dedication and Contribution to the Advancement of the
Health and Well Being of the Community.

ACKNOWLEDGEMENTS

Product Theatre Exhibitors

Glenoaks Imaging Professionals
Regeneron Pharmaceuticals

Reception Exhibitors

Amgen
New York Life

Silver Exhibitors

Lexicon Pharmaceuticals
Maestro Development

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**AAMS would like to thank all of our exhibitors for participating in its
19th Annual Hybrid CME & CDE Conference.**