



Diabetic Foot Care

Interview with Narek Garukyan, DPM

Dr. Narek Garukyan specializes in podiatric surgery. He obtained his Bachelor's Degree from the University of California, Los Angeles, and went on to earn his Doctor of Podiatric Medicine from Samuel Merritt University, California School of Podiatric Medicine. He then completed his podiatric medicine and surgery residency at DVA Greater Los Angeles/Olive View UCLA, where he served as Chief Resident during his final year. Currently, Dr. Garukyan practices in both the Reseda and Glendale areas. He provides industry-leading wound treatment options, podiatric sports medicine evaluation and treatment, preventative and conservative foot and ankle care, and interventional treatments such as reconstructive surgery (<https://lafootandanklecare.com/>). He has additionally used his wound care and limb salvage expertise to develop his app, Wound Tracker Professional (<https://woundtrackerpro.com/>).

Dr. Vicken Sepilian is a Reproductive Medicine specialist and is the founder and director of American Fertility Specialists Medical Group. He is double board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. Dr. Sepilian has been an active member of the Armenian American Medical Society (AAMS) holding multiple leadership positions, including serving as the President from 2009 to 2013. Dr. Sepilian served as the Chairman of the 11th Armenian Medical World Congress and currently is the President of the Armenian Medical International Congress (AMIC), a nonprofit organization with chapters all over the world, with the aim of coordinating global efforts in improving healthcare in Armenia. Passionate about community education, in 2008, Dr. Sepilian launched the "Your Health" educational TV program aimed at sharing with the community the latest and most important healthcare topics. Since 2008, the show has been making house calls to tens of thousands of viewers helping educate them on preventative care and healthy lifestyles. In 2010, Dr. Sepilian, alongside other civic leaders and

the former Mayor of the City of Glendale co-founded the Glendale Health Festival. Dr. Sepilian worked closely with city and state officials and local hospitals to organize this large-scale event with the aim to improve the health of the community. Dr. Sepilian is a strong believer that success and wealth are measured by life's experiences and human interactions and that true happiness and purpose are achieved by giving. Cherished memories include debates about life and death with Dr. Jack Kevorkian, delivering pens to students in villages in Sri Lanka and teaching chess to orphans in Nepal.