



11th Annual Glendale Health Festival

Interview with

Madlen Pashinian, LMFT

Licensed Marriage and Family Therapist

Trained EMDRT Therapist

Clinical Director of Renewal Sobriety IOP

Adjunct Psychology Professor at Pepperdine University

Madlen Pashinian is a licensed marriage and family therapist. She is currently the Clinical Director for Sanctuary Intensive Outpatient Program for Drugs and Alcohol, where she and her team provide treatment for adults struggling with substance abuse. Madlen holds a Master's Degree in clinical psychology with an emphasis in marriage and family therapy from Pepperdine University, Graduate School of Education and Psychology. Since 2019, Madlen has held the position of an adjunct professor at Pepperdine's Graduate School of Education and Psychology. In this role, she teaches group therapy techniques and substance abuse treatment. Throughout her clinical career, Madlen has obtained a wide variety of training and certifications, including EMDRT for trauma therapy, anger management, grief counseling, emotional-focused therapy, and domestic violence advocacy. Madlen is fluent in Armenian, which enables her to provide therapeutic services to the Armenian-speaking population — a subject she is very passionate about.

Dr. Vicken Sepilian is a Reproductive Medicine specialist and is the founder and director of American Fertility Specialists Medical Group. He is double board-

certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. Dr. Sepilian has been an active member of the Armenian American Medical Society (AAMS) holding multiple leadership positions, including serving as the President from 2009 to 2013. Dr. Sepilian served as the Chairman of the 11th Armenian Medical World Congress and currently is the President of the Armenian Medical International Congress (AMIC), a nonprofit organization with chapters all over the world, with the aim of coordinating global efforts in improving healthcare in Armenia. Passionate about community education, in 2008, Dr. Sepilian launched the "Your Health" educational TV program aimed at sharing with the community the latest and most important healthcare topics. Since 2008, the show has been making house calls to tens of thousands of viewers helping educate them on preventative care and healthy lifestyles. In 2010, Dr. Sepilian, alongside other civic leaders and the former Mayor of the City of Glendale co-founded the Glendale Health Festival. Dr. Sepilian worked closely with city and state officials and local hospitals to organize this large-scale event with the aim to improve the health of the community. Dr. Sepilian is a strong believer that success and wealth are measured by life's experiences and human interactions and that true happiness and purpose are achieved by giving. Cherished memories include debates about life and death with Dr. Jack Kevorkian, delivering pens to students in villages in Sri Lanka and teaching chess to orphans in Nepal.