

**Armenian American Medical Society 9th Annual Spring Symposium**  
**AAMS will provide maximum of (9) AMA PRA Category 1 CME Credits and (9) CDE Credits**

May 21, 2022 ~ 10 – 7 PM

Sheraton Universal Hotel Grand Ballroom

- 10:00 AM Welcoming Remarks \* Garni Barkhoudarian MD, FAANS
- 10:15 AM New Updates on Heart Failure-Get with the Guidelines (*CME*)  
\* **Harry Balian, MD, FACC, FSCAI**
- 10:50 PM Caring for the LGBTQ+ Community (*CME*)  
\* **Alen Voskanian, MD, MBA**
- 11:25 AM Networking break
- 11:40 PM Intermittent Fasting: What it is, and the Effect on Weight Loss and Other Metabolic Parameters (*CME*)  
\* **Astkhik Zakian, PharmD**
- 12:15 PM Better Sleep in 2022 (*CME & CDE*)  
\* **Eric J. Kezirian, MD, MPH**
- 12:50 PM Proceedings of AAMS's CME Committee
- 1:15 PM Lunch sponsored by Novo Nordisk - Ozempic®: Now More Options for More Control for Your T2D Patients (*NON-CME*)  
\* **Neil Goldberg, MD**
- 2:30 PM Navigating the Murky Waters of Employment / Wage & Hour Laws (*CME & CDE*)  
\* **Azniv Ksachikyan, Esq.**  
\* **Edgar Martirosyan, Esq.**
- 3:15 PM The Latest Trends in Healthcare (*CME & CDE*)  
\* **Dr. Ramella Markarian**
- 3:50 PM Networking break
- 4:00 PM The Art of Pain Management (*CME & CDE*)  
\* **Anna Arabyan, PharmD**
- 4:35 PM Interventional Pain Management for Spinal Pain (*CME & CDE*)  
\* **Hripsime Avagyan, DO**
- 5:10 PM Modern Day Depression and Anxiety: Examining Social Media's Influence on a Diagnosis (*CME & CDE*)  
\* **Lara Shirikjian, DO**
- 5:45 PM AAMS Medical Jeopardy: Have fun while testing your knowledge against fellow members. The winner will receive bragging rights and a prize.

*Moderated by Garni Barkhoudarian, MD, FAANS*

*7:00 PM RX Lounge*