



Introduction to Rheumatology and Different Types of Arthritis

Interview with Lilit Pilossyan, MD

Dr. Lilit Pilossyan is a board-certified rheumatologist providing care for her patients at her private practice in Van Nuys, California. She is also dual board-certified in internal medicine, completing her internal medicine residency at Kaiser Permanente in Fontana, California. Dr. Pilossyan then served her rheumatology fellowship at the University of California, Irvine, where she completed her Rheumatology Fellowship. She specializes in caring for rheumatological conditions, including autoimmune diseases, arthritis, and osteoporosis. Dr. Pilossyan holds USSONAR certification, signifying her advanced diagnostic and clinical training in musculoskeletal ultrasound, enabling her to accurately diagnose and treat different kinds of arthritis and joint pain. Dr. Pilossyan also has a true passion for serving the Armenian community—greatly underserved in the treatment and diagnosis of arthritis and autoimmune diseases.

Dr. Vicken Sepilian is a Reproductive Medicine specialist and is the founder and director of American Fertility Specialists Medical Group. He is double board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. Dr. Sepilian has been an active member of the Armenian American Medical Society (AAMS) holding multiple leadership positions, including serving as the President from 2009 to 2013. Dr. Sepilian served as the Chairman of the 11th Armenian Medical World Congress and currently is the President of the Armenian Medical International Congress (AMIC), a nonprofit organization with chapters all over the world, with the aim of coordinating global efforts in improving healthcare in Armenia. Passionate about community education, in 2008, Dr. Sepilian launched the "Your Health" educational TV program aimed at sharing with the community the latest and most important healthcare topics. Since 2008, the show has been making house calls to tens of thousands of viewers helping educate them on preventative care and healthy

lifestyles. In 2010, Dr. Sepilian, alongside other civic leaders and the former Mayor of the City of Glendale co-founded the Glendale Health Festival. Dr. Sepilian worked closely with city and state officials and local hospitals to organize this large-scale event with the aim to improve the health of the community. Dr. Sepilian is a strong believer that success and wealth are measured by life's experiences and human interactions and that true happiness and purpose are achieved by giving. Cherished memories include debates about life and death with Dr. Jack Kevorkian, delivering pens to students in villages in Sri Lanka and teaching chess to orphans in Nepal.



[Visit Us Online](#)

STAY CONNECTED:

