

Essential Preventative Health Tips for 2022

Interview with Alain Karaguezian, MD

Dr. Alain Karaguezian graduated from the University of California in Irvine in 1999. In 2003, he graduated from the Universidad Autonoma de Guadalajara medical school in Mexico. From there, he went on to complete his medical education at New York Medical College.

Thereafter, Dr. Karaguezian completed his residency in Family Medicine at Harbor UCLA. In 2010, Dr.

Karaguezian began working at Kaiser Permanente - Woodland Hills where he developed a large following of patients and families. This success and popularity

prompted Dr. Karaguezian to enter his own private practice specializing in Family Medicine in 2015 and has been proudly serving his community ever since. For years, Dr. Alain Karaguezian has been treating patients and families throughout Southern California. His compassionate and personalized approach to medicine allows Dr. Karaguezian - or Dr. K to his patients-to provide the best, all-around care in both inpatient and outpatient settings. It is also why so many people choose Dr. K to treat them and their loved ones. Dr. Karaguezian is certified by the American Board of Family Practice and is fluent in Armenian, Spanish, and Turkish. His cultural background and diverse training appeals to a wide patient population in California and enables him to be a fierce medical advocate for all his patients, regardless of their culture or background.



Dr. Vicken Sepilian is a Reproductive Medicine specialist and is the founder and director of American Fertility Specialists Medical Group. He is double board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. Dr. Sepilian has been an active member of the Armenian American Medical Society (AAMS) holding multiple leadership positions, including serving as the President from 2009 to 2013. Dr. Sepilian served as the Chairman of the 11th Armenian Medical World Congress and currently is the President of the Armenian Medical International Congress

(AMIC), a nonprofit organization with chapters all over the world, with the aim of coordinating global efforts in improving healthcare in Armenia. Passionate about community education, in 2008, Dr. Sepilian launched the "Your Health" educational TV program aimed at sharing with the community the latest and most important healthcare topics. Since 2008, the show has been making house calls to tens of thousands of viewers helping educate them on preventative care and healthy lifestyles. In 2010, Dr. Sepilian, alongside other civic leaders and the former Mayor of the City of Glendale co-founded the Glendale Health Festival. Dr. Sepilian worked closely with city and state officials and local hospitals to organize this large-scale event with the aim to improve the health of the community. Dr. Sepilian is a strong believer that success and wealth are measured by life's experiences and human interactions and that true happiness and purpose are achieved by giving. Cherished memories include debates about life

and death with Dr. Jack Kevorkian, delivering pens to students in villages in Sri Lanka and teaching chess to orphans in Nepal.