

Topic:
**Rising Obesity and its Impact on
Public Health**

Guest:
Ara Airapetian, MD



Ara Airapetian, MD is practicing in Family Medicine at Comprehensive Community Health Centers for 15 years. Comprehensive Community Health Centers (CCHC) are Federally Qualified Health Centers (FQHC) and provide healthcare services at 5 practice locations throughout LA County, mainly in Glendale, N. Hollywood, Eagle Rock, Highland Park and Sunland. Since 2015 Dr. Airapetian is the Medical Director at CCHC. With his dedicated work with patients at CCHC, Dr. Airapetian emphasizes the importance of preventive care and focuses on how people can maintain a healthy lifestyle. Dr. Ara Airapetian graduated from Yerevan State Medical University with a degree of Medical Doctor in Internal Medicine in 1981. He dedicated his vast medical knowledge and experience to patient care for many years in Armenia. Along with patient care, Dr. Airapetian had been also actively involved in scientific research in medicine for many years and was an author of multiple publications of research articles in various medical journals and periodicals both in Armenia and Russia. After moving to United States, Dr. Airapetian had successfully completed his Residency training at Harbor-UCLA Medical Center and obtained his Doctor of Medicine license in CA in 2004. Dr. Airapetian is active member of American Academy of Family Physicians, Armenian American Medical Society, etc. He is currently the Chairman of both Quality Improvement Committee and Credentialing Committee and member of different other Committees at CCHC. Dr. Ara Airapetian has hospital privileges and is a member of medical staff at both Adventist Health-Glendale and Glendale Memorial Health Centers.



"Your Health" host Dr. Vicken Sepilian is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. While at the University of Texas, Dr. Sepilian received a Master of Science degree in Reproductive Medicine studying the impact of nutrition on reproductive health. Dr. Sepilian is the founder and medical director of American Fertility Specialists Medical Group and practices in Los Angeles and Glendale. Dr. Sepilian is the former President of the Armenian American Medical Society (AAMS). In 2008, he launched the AAMS "Your Health"

Community Education Program that continues to air live on TV making house calls to countless Armenian households. In 2010, Dr. Sepilian was instrumental in launching the inaugural Glendale Health Festival and served as the Chairman of the organizing committee for the first two years. In 2012, Dr. Sepilian presided over a collaborative effort with colleagues in Canada of the ACMAO to train, staff and equip the Women's Health Clinic in Stepanakert, Artsakh. This collaborative effort by the AAMS, ACMAO, and the Ministry of Health of Karabagh continues to operate and provide preventative and essential health care to women free of charge. In 2013, as president of the AAMS, Dr. Sepilian Chaired the 11th Armenian Medical World Congress, a quadrennial international multispecialty conference that was very well attended and was one of the most successful ones to date. Dr. Sepilian currently serves on the Continuing Medical Education Committee, focusing his efforts on enhancing the experience for members.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bilingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.