

Topic:

Advances in Back Pain Treatment

Guest:

Nick Ghazarian, DO



Dr. Ghazarian is an orthopedic spine surgeon and Los Angeles native. He graduated from the University of California Los Angeles, with a degree in Biology. He received his medical education at Touro University of Nevada and served as Chief Resident during orthopedic surgery residency training at Valley Hospital Medical Center. After residency, Dr. Ghazarian was selected to participate in a spine fellowship at the prestigious San Diego Spine Foundation at Scripps hospital. Upon completion of the fellowship, Dr. Ghazarian returned to Los Angeles and founded Precision Spine & Orthopedics, with offices in both Glendale and Sherman Oaks. Dr. Ghazarian started his practice in order to meet the need for orthopedic and spine specialists in his hometown. Precision Spine & Orthopedics was created with the purpose of serving the community through the provision of advanced yet affordable cutting edge treatments at local community hospitals. Dr. Ghazarian trained under the leadership of renowned pioneers in spine surgery during residency and fellowship. His research has focused on cutting-edge, minimally invasive treatments of complex spinal conditions and has resulted in numerous published articles, lectures and presentations at national conferences. Dr. Ghazarian is committed to philanthropy. He is an active member of Global Spine Outreach (GSO), and provides complex spinal surgeries to underprivileged children with life threatening spinal conditions, meanwhile training local physicians of the latest advances for the management of these conditions. Locally, Dr. Ghazarian has provided free physicals for low- income high school students; counseled teens involved in gang violence, as well as given talks at multiple schools and events. In recognition of his volunteerism, he was awarded with the Southern Nevada Public Health Hero in 2016. As a trained martial artist in multiple disciplines, Dr. Ghazarian has treated many amateur and professional UFC fighters and boxers as the ringside physician.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. While at the University of Texas, Dr. Sepilian received a Master of Science degree in Reproductive Medicine studying the impact of nutrition on reproductive health. Dr. Sepilian is the founder and medical director of American Fertility Specialists Medical Group and practices in Los Angeles and Glendale. Dr. Sepilian is the former President of the Armenian American Medical Society (AAMS). In 2008, he launched the AAMS "Your Health" Community Education Program that continues to air live on TV making house calls to countless Armenian households. In 2010, Dr. Sepilian was instrumental in launching the inaugural Glendale Health Festival and served as the Chairman of the organizing committee for the first two years. In 2012, Dr. Sepilian presided over a collaborative

effort with colleagues in Canada of the ACMAO to train, staff and equip the Women's Health Clinic in Stepanakert, Artsakh. This collaborative effort by the AAMS, ACMAO, and the Ministry of Health of Karabagh continues to operate and provide preventative and essential health care to women free of charge. In 2013, as president of the AAMS, Dr. Sepilian Chaired the 11th Armenian Medical World Congress, a quadrennial international multispecialty conference that was very well attended and was one of the most successful ones to date. Dr. Sepilian currently serves on the Continuing Medical Education Committee, focusing his efforts on enhancing the experience for members.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.