

Topic:

**Latest Updates in Management of Hypertension
and Lipid Disorder**

Guest:

Harry Balian, MD, FACC, FSCAI



Dr. Balian received his Medical degree from Chicago Medical School in 1997. He completed his Internal Medicine Residency at the University of California, Irvine where he also served as Chief Resident. He completed his Cardiology fellowship at the University of California, Irvine where he served as Chief Fellow. Dr. Balian completed his Interventional Cardiology and Vascular training at the George Washington University in Washington DC. Dr. Balian specializes in the treatment of heart disease, coronary artery percutaneous interventions and pacemaker insertions. He also performs peripheral vascular interventions including carotid stents, endovascular abdominal aortic aneurysm stents, renal stents and lower extremity angioplasties. Dr. Balian is board certified in Internal Medicine, Cardiovascular Diseases, Nuclear Cardiology, Interventional Cardiology and Vascular Medicine. Dr. Balian is a member of the Executive Committee of AAMS since 2006. He is a fellow of the American College of Cardiology, the Society of Coronary angioplasty and Interventions and the American Heart Association. He has been the Medical Director of the Cardiac Cath Lab at Glendale Adventist Heart & Vascular Institute since 2006 and recently named the Medical Director of the Peripheral Vascular Lab at St Vincent Hospital. He is an Associate Clinical Professor at Western University School of Medicine.



Vicken Sepilian, MD
FACOG

"Your Health" host Dr. Vicken Sepilian is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. While at the University of Texas, Dr. Sepilian received a Master of Science degree in Reproductive Medicine studying the impact of nutrition on reproductive health. Dr. Sepilian is the founder and medical director of American Fertility Specialists Medical Group and practices in Los Angeles and Glendale. Dr. Sepilian is the former President of the Armenian American Medical Society (AAMS). In 2008, he launched the AAMS "Your Health" Community Education Program that continues to air live on TV making house calls

to countless Armenian households. In 2010, Dr. Sepilian was instrumental in launching the inaugural Glendale Health Festival and served as the Chairman of the organizing committee for the first two years. In 2012, Dr. Sepilian presided over a collaborative effort with colleagues in Canada of the ACMAO to train, staff and equip the Women's Health Clinic in Stepanakert, Artsakh. This collaborative effort by the AAMS, ACMAO, and the Ministry of Health of Karabagh continues to operate and provide preventative and essential health care to women free of charge. In 2013, as president of the AAMS, Dr. Sepilian Chaired the 11th Armenian Medical World Congress, a quadrennial international multispecialty conference that was very well attended and was one of the most successful ones to date. Dr. Sepilian currently serves on the Continuing Medical Education Committee, focusing his efforts on enhancing the experience for members.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bilingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.