



Topic:  
**The Difference Between the Flu, the Common Cold and  
Sinusitis/Pharyngitis**

Guest:  
**Alain Karaguezian, MD**

Dr. Alain Karaguezian graduated from the University of California in Irvine in 1999. In 2003, he graduated from the Universidad Autonoma de Guadalajara medical school in Mexico. From there, he went on to complete his medical education at New York Medical College. Thereafter, Dr. Karaguezian completed his residency in Family Medicine at Harbor UCLA. In 2010, Dr. Karaguezian began working at Kaiser Permanente -Woodland Hills where he developed a large following of patients and families. This success and popularity prompted Dr. Karaguezian to enter his own private practice specializing in Family Medicine in 2015 and has been proudly serving his community ever since. For years, Dr. Alain Karaguezian has been treating patients and families throughout Southern California. His compassionate and personalized approach to medicine allows Dr. Karaguezian - or Dr. K to his patients-to provide the best, all-around care in both inpatient and outpatient settings. It is also why so many people choose Dr. K to treat them and their loved ones. Dr. Karaguezian is certified by the American Board of Family Practice and is fluent in Armenian, Spanish, and Turkish. His cultural background and diverse training appeals to a wide patient population in California and enables him to be a fierce medical advocate for all his patients, regardless of their culture or background.

"Your Health" host Dr. Vicken Sepilian is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in

Obstetrics and Gynecology at Drexel University College of Medicine and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. While at the University of Texas, Dr. Sepilian received a Master of Science degree in Reproductive Medicine studying the impact of nutrition on reproductive health. Dr. Sepilian is the founder and medical director of American Fertility Specialists Medical Group and practices in Los Angeles and Glendale. Dr. Sepilian is a current board member and former President of the Armenian American Medical Society (AAMS). In 2008, he launched the AAMS "Your Health" Community Education Program that continues to air live on TV making house calls to countless Armenian households. In 2010, Dr. Sepilian was instrumental in launching the inaugural Glendale Health Festival and served as the Chairman of the organizing committee for the first two years. In 2012, Dr. Sepilian presided over a collaborative effort with colleagues in Canada of the ACMAO to train, staff and equip the Women's Health Clinic in Stepanakert, Artsakh. This collaborative effort by the AAMS, ACMAO, and the Ministry of Health of Karabagh continues to operate and provide preventative and essential health care to women free of charge. In 2013, as president of the AAMS, Dr. Sepilian Chaired the 11th Armenian Medical World Congress, a quadrennial international multispecialty conference that was very well attended and was one of the most successful ones to date. Dr. Sepilian also serves on AAMS' Continuing Medical Education Committee, focusing his efforts on enhancing the experience for members.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.