

Topic:

Diabetic Retinopathy: How Diabetes Affects the Eyes

Guest:

Khodam Rostomian, MD



Dr. Khodam Rostomian completed his undergraduate medical training at the University of Southern California (USC), graduating with the highest distinguished award, and completed his internship at Cedars Sinai Medical Center. Dr. Rostomian then went on to attend USC's Doheny Eye Institute to complete his Ophthalmology residency training. In 1996, the doctor joined Southern California Permanente Medical Group (Kaiser Permanente) as Chief of Ophthalmology Service. As a comprehensive ophthalmologist, Dr. Rostomian has been practicing and interested in cataract surgery, surgical and medical management of diabetic retinopathy, glaucoma and macular degeneration. Additionally, the doctor holds a Master's degree in Business Administration and has been appointed as Assistant Area Medical Director overseeing surgical services operation in Antelope Valley's Kaiser Permanente Medical Center. He has attended Harvard Business School's Executive Leadership Program and was awarded the Physician Exceptional Contribution Award of Kaiser Permanente. He currently serves on the board of Southern California Permanente Medical Group's Board of Directors as well as the Armenian EyeCare Project's Board of Directors.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. While at the University of Texas, Dr. Sepilian received a Master of Science degree in Reproductive Medicine studying the impact of nutrition on reproductive health. Dr. Sepilian is the founder and medical director of American Fertility Specialists Medical Group and practices in Los Angeles and Glendale. Dr. Sepilian is the former President of the Armenian American Medical Society (AAMS). In 2008, he launched the AAMS "Your Health" Community Education Program that continues to air live on TV making house calls to countless Armenian households. In 2010, Dr. Sepilian was instrumental in launching the inaugural Glendale Health Festival and served as the Chairman of the organizing committee for the first two years. In 2012, Dr. Sepilian presided over a collaborative effort with colleagues in Canada of the ACMAO to train, staff and equip the Women's Health Clinic in Stepanakert, Artsakh. This collaborative effort by the AAMS, ACMAO, and the Ministry of Health of Karabagh continues to operate and provide preventative and essential health care to women free of charge. In 2013, as president of the AAMS, Dr. Sepilian Chaired the 11th Armenian Medical World Congress, a quadrennial international multispecialty conference that was very well attended and was one of the most successful ones to date. Dr. Sepilian currently serves on the Continuing Medical Education Committee, focusing his efforts on enhancing the experience for members.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bilingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.