



**Topic:**

## **Sahaja Yoga: Find the Peace in Your Soul, Body and Mind**

**Guest:**

### **Vagharshak Pilossyan, MD**

**Dr. Pilossyan** is an internal medicine physician. He is a graduate from the Yerevan State Medical University. In Yerevan, he worked as a surgeon at Yerevan's Mikaelyan Surgery Institute for more than 15 years. During that period, he continued his medical training in Lithuania, where he received training in vascular heart surgery. After finishing the training, he returned back to Yerevan, where he was appointed the chairman of implantable pace makers at Mikaelyan Surgery Institute. When Dr. Pilossyan came to Los Angeles with his family, he pursued his medical career and is practicing Internal Medicine for more than 20 years. He has his own practice in Van Nuys, California.

Dr. Pilossyan has personally always been interested in the philosophical aspect of life; the connection among the human body, soul and mind. Few years ago, for him it was a discovery to get introduced to Sahaja Yoga culture. In this culture, he found answers to many questions about the human soul, body and mind connection.

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"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.



Vicken Sepilian, MD FACOG

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. It also provides viewers with information about the Armenian American Medical Society (AAMS) and its activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.