

Topic:

Healthy Eyes -- Cataracts and Glaucoma



Guest:

Ani Khondkaryan, MD

Dr. Ani Khondkaryan is an ophthalmologist specially trained in the treatment of glaucoma. She practices at the Specialty Eye Care Medical Center, which has four locations: Glendale, Sherman Oaks, Hollywood, and West Hollywood. She treats a wide variety of eye disorders and performs various laser procedures as well as cataract, glaucoma, and oculoplastics surgeries. She completed her undergraduate degree at Stanford University with a major in Biological Sciences and minor in Economics and graduated with distinction. While at Stanford, she was involved in research in molecular genomics and was recognized for excellence in the department of biology.

Afterwards, Dr. Khondkaryan attended Harvard Medical School, which is recognized as the best medical school in the U.S.A. There, she won the prestigious Prusky Scholarship, as well as a number of other scholarships and honors. She was involved in ophthalmologic research centering on limbal stem cells.

After medical school, Dr. Khondkaryan returned to Los Angeles for residency training at USC's Doheny Eye Institute, recognized as one of the top ten eye centers in the United States. She was one of only four residents throughout the U.S.A. to be invited to speak at the American Academy of Ophthalmology at a special Grand Rounds presentation. As a resident and fellow at Doheny, she was involved in research on in vitreo-retinal (in particular age-related macular degeneration diagnosis and treatment), glaucoma (specifically treatment modalities for open and closed angle glaucoma), and epidemiological (as part the Los Angeles Latino Eye Study) research and was invited to present findings at the annual meetings of the Association for Vision and Research in Ophthalmology.

Dr. Khondkaryan is a member of the American Academy of Ophthalmology, American Glaucoma Society, and the Armenian American Medical Society.



Vicken Sepilian, MD MS FACOG

"Your Health" host Dr. Vicken Sepilian currently serves as the President of the Armenian American Medical Society of California. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The show provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The show also provides viewers with information about the AAMSC and our activities in California and Armenia. The AAMSC encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMSC doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.