

Topic:

**How to Improve Communication
With Your Doctor**

Guest:

Alen Voskanian, MD



Dr. Voskanian is the Regional Medical Director for VITAS Innovative Hospice Care in California, and Assistant Clinical Professor of Medicine at David Geffen School of Medicine at University of California, Los Angeles. He is board certified in hospice and palliative medicine, family medicine, and an HIV specialist certified by the American Academy of HIV Medicine. His primary interest is increasing awareness regarding end-of-life care and addressing the barriers that prevent timely access to hospice and palliative care programs. His work focuses on educating and training physicians in order to improve the quality of end-of-life care. He has been active in teaching end-of-life care in HIV infected patients and has written the book chapter on End-of-Life-Care for Patients with AIDS, in the book titled 20 Common Problems in End-Of-Life Care. He has been involved in numerous research studies in the field of HIV both as primary investigator and sub-investigator. Dr. Voskanian is a graduate of U.C. Berkeley and U.C. Irvine Medical School. He completed his residency at UCLA followed by a fellowship in HIV at AIDS Healthcare Foundation. Dr. Voskanian was selected from a pool of over 900 applicants to be an innovation advisor by Center for Medicare and Medicaid Innovation (CMMI). His project at CMS/CMMI is based on providing outpatient palliative care in order to provide better end-of-life care. Dr. Voskanian is the recipient of Cunniff-Dixon/Hasting Center's physician award in 2013 for excellence in end-of-life care.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. It also provides viewers with information about the Armenian American Medical Society (AAMS) and its activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.