

Topic:
Top Ways to Stay Healthy this Summer

Guest:
Alain Karaguezian, MD



Dr. Alain Karaguezian graduated from the University of California in Irvine in 1999. In 2003, he graduated from the Universidad Autonoma de Guadalajara medical school in Mexico. From there, he went on to complete his medical education at New York Medical College. Thereafter, Dr. Karaguezian completed his residency in Family Medicine at Harbor UCLA. For years, Dr. Alain Karaguezian has been treating patients and families throughout Southern California. His compassionate and personalized approach to medicine allows Dr. Karaguezian - or Dr. K to his patients-to provide the best, all-around care in both inpatient and outpatient settings. It is also why so many people choose Dr. K to treat them and their loved ones. Now, he brings this passion to his new private practice in Los Angeles. Dr. Karaguezian is certified by the American Board of Family Practice and fluent in Armenian and Spanish. His cultural background and diverse training appeals to a wide patient population in California and enables him to be a fierce medical advocate for all his patients, regardless of their culture or background.



Vicken Sepilian, MD, FACOG

"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. It also provides viewers with information about the Armenian American Medical Society (AAMS) and its activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health

insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.