

*Topic:*

**Mood Disorders and Their Impact on Relationships**

*Guest:*

**Lukas Alexanian, MD**



Dr. Lukas Alexanian is a graduate of Yerevan Medical School in Armenia, where he earned his MD degree. He completed his psychiatry residency at LAC+USC Medical Center. He is board certified by the Psychiatry and Neurology Board and is currently the Medical Director of Glendale Adventist Medical Center Psych Dept and the Chief psychiatrist at St. Joseph Medical center in Burbank, Ca. Dr. Alexanian stresses that any approach or method that allows for the constant free-flow of honest and open family communication, would be a good mechanism for establishing a strong, happy and healthy family environment and transversely, thriving young children and teens.

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Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity

for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.