

*Topic:*

## **Sleep Apnea and Sleep Disorders**

*Guest:*

### **Armen Cherik, MD, MBA**



**Dr. Cherik** is a Board Certified Neurologist who has been practicing in Glendale since 1993. He completed his Neurology Residency Training at Kaiser Foundation and UCLA joint program in 1993. He has established a comprehensive Neurology and Neurodiagnostics center in Glendale, and serves as a consultant at Glendale Memorial, Adventist, and Verdugo Hills hospitals. He currently is a member of the Stroke committee of Glendale Adventist Hospital. Dr. Cherik acted as the Chairman of Department of Internal Medicine at Glendale Memorial Hospital in 1999, and is the past President and founder of the Pediatric Epilepsy program of Armenian American Medical Society.

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Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and

nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.