

*Topic:*

**The Importance of Preventative Care: What We All Need to Know**

*Guest:*

**Kristine Tatosyan-Jones, MD, ABIHM**



**Dr. Tatosyan-Jones** is a graduate of Loma Linda University School of Medicine, where she earned her MD degree in 2007. She has a B.S. from UCLA in Molecular Genetics and a minor in Russian Literature. She completed her Residency training in Family Medicine at Glendale Adventist Medical Center and is a Board Certified Family Medicine Physician. She is also board certified in Holistic and Integrative medicine. Dr. Tatosyan-Jones practices Primary Care (Family Medicine) at the Health Care Partners Glen Oaks office in Pasadena and also has her part time, private Integrative care/holistic care Practice in South Pasadena. She is a strong patient advocate and believes in Whole Person Care. In her words, "to be a great physician, one must be a kind, compassionate and empathetic human being first and be sensitive to the multitude of patient needs, and address not only the physical, but the emotional, psychosocial and spiritual needs of patients as well". Her areas of expertise and special interest include, but are not limited to preventive care, women's health, mental health, nutrition, mind-body modalities, autoimmune illnesses and holistic care. Dr. Tatosyan-Jones has a very diverse background. She grew up in Armenia and came to the US with her family at the age of 14. She is a classically trained pianist, self taught painter (oil paintings) and an avid reader. She is fluent in Armenian, Russian and conversational Spanish. Dr. Tatosyan-Jones also has a passion for leadership, volunteerism, public service and understanding the business aspect of Medicine. She is currently working on earning her MBA degree.

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Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.