

Dear Members and Friends,

Familial Mediterranean fever (FMF) is an inherited disorder which involves repeated fevers and inflammation that often affects the lining of the abdomen, chest, or joints. It is most often caused by a mutation in the MEFV gene, which is a gene that synthesizes proteins involved in inflammation. FMF is a rare condition but commonly affects people of Mediterranean ancestry, especially Armenians, Arabs, and non-Ashkenazi (Sephardic) Jews. The clinical presentation of FMF varies and treatment is effective in most cases.

Please join me and Dr. Lynette Tatosyan, who is a board certified Rheumatologist on a comprehensive discussion on Familial Mediterranean fever.

Your Health TV program broadcasts live every first and third Wednesday of each month from 6:55 to 7:25 p.m. on ARTN / Shant TV. You can watch it live on Charter, Gloabcast, Direct TV, Fios, U-Verse, KVMD basic cable and at [www.artn.tv](http://www.artn.tv).

**Lynette Tatosyan DO** received her undergraduate education at University of California, Los Angeles and earned her medical degree at Western University of Health Sciences. After completing her residency in Internal Medicine at White Memorial Medical Center in Los Angeles she completed her fellowship in Rheumatology at Loma Linda University Medical Center. Dr. Tatosyan is Board Certified by the American Board of Internal Medicine and Rheumatology. She is fluent in English, Armenian, and Spanish. She is currently working as a Rheumatologist in Glendale and Mission Hills.



Vicken Sepilian, MD MS FACOG

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**"Your Health" host Dr. Vicken Sepilian** currently serves as the President of the Armenian American Medical Society of California. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The show provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The show also provides viewers with information about the AAMSC and our activities in California and Armenia. The AAMSC encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMSC doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.