

Topic:

Hospice and Palliative Medicine



Guest:

Alen Voskanian, MD

Alen Voskanian, M.D., is the Regional Medical Director of Vitas Innovative Hospice Care in CA, and Assistant Clinical Professor of Medicine, at David Geffen School of Medicine at University of California, Los Angeles. He is board certified in Hospice and Palliative Medicine, and also an HIV specialist certified by the American Academy of HIV Medicine.

His primary interest is in increasing awareness regarding end of life care and addressing the barriers that prevent timely access to hospice and palliative care programs. His work focuses on educating and training physicians in order to improve the quality of end of life care. He has been active in teaching end of life care in HIV infected patients and has written the book chapter on End of Life Care for Patients with AIDS, in the book titled *20 Common Problems in End-Of-Life Care*. He has been involved in numerous research studies in the field of HIV both as primary investigator and sub-investigator.

Dr. Voskanian is a graduate of U.C. Berkeley and U.C. Irvine Medical School. He completed his residency at UCLA followed by a fellowship in HIV at AIDS Healthcare Foundation. Dr. Voskanian was selected from a pool of over 900 applicants to be an innovation advisor by Center for Medicare and Medicaid Innovation (CMMI). His project at CMS/CMMI is based on providing outpatient palliative care in order to provide better end of life care.

Dr. Voskanian is passionate about the art of medicine and believes that connecting with patients and families during one of the most challenging times is a huge privilege. He hopes to make a movie about end of life care in order to shed more light on the dying process.



Vicken Sepilian, MD MS FACOG

"Your Health" host Dr. Vicken Sepilian currently serves as the President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The show provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The show also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.