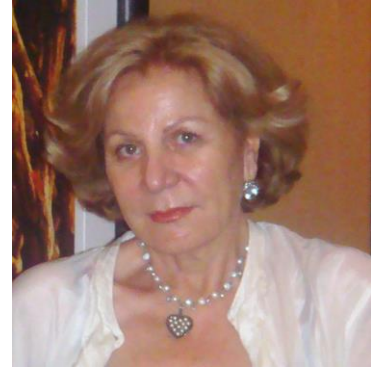


Topic:

"Aging and Chronic Diseases: Destiny or a Choice ?"



Guest:

Silva Karchikian, MD

Dr. Karchikian graduated from Yerevan State Medical School in 1972 and worked as an Internist in the small town of Vardenik, Martuni where she gained invaluable experience as a Physician and a community activist.

Dr. Karchikian successfully passed all the state requirements and in 1984 became licensed to practice medicine in California. While working at UCLA-Wadsworth VA Hospital in clinical research in Diabetes, she began her private practice in Hollywood and later in the Glendale area. She was able to bring her knowledge and skills to serve the Armenian and Russian communities.

Dr. Karchikian was involved in founding the American Russian Medical Association where she continues to serve as an honorary member. In 1988 Dr. Karchikian became actively involved in AAMS as a board member and went on to lead the organization as President from 1992-1996.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. It also provides viewers with information about the Armenian American Medical Society (AAMS) and its activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.