

Dear Members and Friends,

Atrial fibrillation (AF) is the most common cardiac arrhythmia (irregular heart beat) affecting approximately 2.2 million individuals in the United States. It may cause no symptoms, but it is often associated with palpitations, fainting, chest pain, or congestive heart failure. AF increases the risk of stroke eight-fold in some instances.

Please tune in to Your Health on Wednesday February 1 at 7:00 p.m. and join me and Dr. Harry Balian, a double board certified interventional cardiologist in a live discussion on "The Latest Advances in the Management of Atrial Fibrillation."

Your Health TV program broadcasts live every first and third Wednesday of each month from 7:00 to 7:30 p.m. on ARTN / Shant TV. You can watch it live on Charter, Gloabcast, Direct TV, Fios, U-Verse, KVMD basic cable and at www.artn.tv.

Dr. Balian received his MD degree from Chicago Medical School in 1997. He completed his Internal Medicine Residency at the University of California, Irvine where he also served as Chief Resident. He then completed his Cardiology fellowship at the University of California, Irvine and served as Chief Fellow. Dr Balian completed his Interventional Cardiology and Vascular training at the George Washington University in Washington DC.



Harry Balian, MD FACC, FSCAI

Dr. Balian specializes in the treatment of heart disease, coronary artery percutaneous interventions and pacemaker insertions. He also performs peripheral vascular interventions including carotid stents, endovascular Abdominal aortic aneurysm stents, renal stents and lower extremity angioplasties. He is board certified in Internal Medicine, Cardiovascular Diseases, Nuclear Cardiology, Interventional Cardiology and Vascular Medicine.

Dr. Balian is a member of the Executive Committee of AAMSC since 2006. He is a fellow of the American College of Cardiology, the Society of Coronary angioplasty and Interventions and the American Heart Association.



Vicken Sepilian, MD MS FACOG

"Your Health" host Dr. Vicken Sepilian

currently serves as the President of the Armenian American Medical Society of California. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The show provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The show also provides viewers with information about the AAMSC and our activities in California and Armenia. The AAMSC encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMSC doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.