

Topic: Colorectal Cancer: Prevention, Screening and Treatment

Guest: Karen Zaghiyan, MD



Dr. Zaghiyan is a board certified colon & rectal surgeon in Los Angeles, CA. She received her bachelor's degree in Biology from UCLA and medical degree from the University of California, San Diego. She then commenced her general surgery residency and colorectal surgery fellowship at Cedars Sinai Medical Center in Los Angeles where she obtained advanced training in laparoscopic, single incision and robotic techniques. During her training, Dr. Zaghiyan traveled to Singapore, acquiring further expertise in her field through the mentorship of international leaders in the field of colorectal surgery. Dr. Zaghiyan is now in private practice in Los Angeles and serves on the faculty at Cedars Sinai Medical Center in Los Angeles, where she participates in training general surgery residents and colorectal surgery fellows. She has lectured both nationally and internationally at various surgical conferences and authored numerous publications and in the most prestigious peer-reviewed journals including *Annals of Surgery*, *Journal of Clinical Oncology*, and the *Diseases of the Colon and Rectum*. She continues to make advances in her field through ongoing clinical research investigating outcomes after colorectal surgery. Dr. Zaghiyan is an associate fellow of the American College of Surgeons, and a member of the American Society of Colon & Rectal Surgeons and the American Medical Association.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. The program also provides viewers with information about the AAMS and our activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.