

Topic:

Tips for Your Best Health in 2015

Guest:

Manuel Momjian, MD



Dr. Manuel Momjian completed his undergraduate studies at California State University Fresno. He subsequently came to Southern California for medical school and graduated from the University of Southern California, Keck School of Medicine. Thereafter, he completed his medical training at the UCLA/Kaiser Foundation Hospital, Family Medicine Residency Program. Dr. Momjian is board certified in Family Practice. Dr. Momjian is currently a lead physician at Urgent 9, Urgent Care center in Glendale California. He is on the executive committee of the Armenian American Medical Society and the chairman of the organizing committee of the Glendale Health Festival.



Vicken Sepilian, MD FACOG

"Your Health" host Dr. Vicken Sepilian is a current board member and Past President of the Armenian American Medical Society. He is board-certified in Reproductive Endocrinology and Infertility, as well as Obstetrics and Gynecology. He completed his residency in Obstetrics and Gynecology at Drexel University College of Medicine in Philadelphia and his fellowship in Reproductive Endocrinology and Infertility at the University of Texas. Dr. Sepilian currently practices in Los Angeles and in Glendale.

Featuring physicians and health care professionals whose areas of practice cover the entire spectrum of allied health care, "Your Health" is a dynamic resource for viewers interested in improving their health. The program emphasizes the importance of preventative care, and focuses on how people can maintain a healthful lifestyle. The program provides an opportunity for the Armenian community to address their concerns with the counsel of bi-lingual health care professionals. It also provides viewers with information about the Armenian American

Medical Society (AAMS) and its activities in California and Armenia. The AAMS encourages individuals to contact local social workers to learn whether they are eligible for health insurance. AAMS doctors and nurses encourage their patients to get the insurance they deserve, and to see a physician regularly for the care that they need.